



At shuktara in Kolkata we have been very blessed with facilities like the schools our young people attend, the doctors that we have access to and most importantly the support of friends and a group of staff, headed by Pappu, who work 24/7 365 days a year.

As we saw during lockdown and after the two cyclones there are others who do not have access to the same facilities that are available to us in the city.

Pappu has been finding out about them and on 17th September he visited 14 families in the Purulia district of West Bengal, which is outside of Kolkata, to see what help and assistance we at shuktara can give to disabled children and young people who live with their families but don't have the same access to the care and support that we are so lucky to have.



Pappu and Namita Mahato



Rakesh Kumar



Sunita Mahato



Namita with her father

On the second day Pappu was able to visit another 10 families in another village where our help will be greatly appreciated

He thinks we can help with organising orthopaedic shoes, follow up doctors appointments to check on epilepsy medications and to see if we can get physiotherapy for some of the young people.

Pappu also wants to get a chair for a young woman who currently spends all day lying on a bed outside.



Choti Pan



Pappu and Dhananjay Kumar



Choti Pan with other people in the village



Tanjim Khatoon

Below are photos of Santoshi with her family and their village. Santoshi has cerebral palsy and Pappu measured her for orthopaedic shoes to help her mobility.

This is shuktara's way to reach out and help others who have not had the same amount of help and support that we have had.



Santoshi Mahato with her father and mother



Santoshi's village

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In the UK the most cost effective way to help the running of our two homes is to donate directly to Shuktara Trust UK account:

Santander UK plc.

Account no: **04404505**

Sort Code: **09-01-50**

Account Name: **Shuktara Trust (UK)**

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