



February 2023

Now that the holiday period is over and a new year is in full swing I wanted to let you know how appreciative we are for all your support during this time.

Since covid and with the terrible tragedies that we see around us in the world, fundraising for a small group of young people in two homes in Kolkata has not been the easiest thing to do. However your support has been unwavering and the work in the homes as well as Pappu's outreach program in Purulia district are running better than ever.

Towards the end of last year Pappu and his team were able to go to

Purulia again, this is about an 8 hour drive from the city. As you know we are working in two villages there and supporting a number of families.

It was at the time when the cold weather really hits rural Bengal, and they distributed blankets and were able to take measurements and make sure that the shoes and other orthopaedics that were being made would be ready in time for delivery soon after Christmas.

It was wonderful for all of us to see Pappu there again in the middle of January this year. He took a chair which was made for Tanjin, who has cerebral palsy and has spent her life lying on a bed. You can see in the photos how happy she is with this equipment and it gives her a huge amount of independence and frees her family to do other things.

For parents and guardians of disabled young people the worries of them getting older and not being around to care for them any more can become quite intense.

It is with this in mind that Pappu is trying, along with his team, to set up support for the families of these young people in Purulia district.



Tanjin on her string bed



Tanjin in her new chair



Pappu and child wearing AFO
(Ankle Foot Orthosis)



Namita and her parents



Two children in the village who were
fitted with AFO



Pappu with Sunita wearing AFO

In Kolkata most of our young people were schooled at **REACH** and now three of them, Tamina, Sumon and Lali still regularly attend their out of school day care and respite centre - **Ananda Neer**. This gives them a chance to get away from the home and be with other young people and at the same time it gives the staff a break and an opportunity to spend more time with some of the other young people that they are caring for in the homes.



Lali



Tamina



Lali and Tamina



Sumon

On the 26th December last year, we were all delighted to see our friend and supporter Fern Britton on BBC prime time TV in a quiz show called The Weakest Link. She won! And her prize money is being doubled along with everyone else who donated over the Christmas period.

This helps to make up for our loss of donations which happened during covid and allows us to continue the work in Purulia for the next three years.

We are talking about a Shuktara Supporters get together later this year, in early September and as soon as we have a space booked we will let you know.

With very best wishes



Walking with AFO
(to view this video click on the photo)

DONATE TO Shuktara Trust UK

DONATE DIRECTLY

In the UK the most cost effective way to help the running of our two homes is to donate directly to Shuktara Trust UK account:

Santander UK plc.

Account no: **04404505**

Sort Code: **09-01-50**

Account Name: **Shuktara Trust (UK)**

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Shuktara provides a home for life for children and young adults with disabilities in Kolkata, India, who have no family.

shuktara.org

Official website of Shuktara Trust (UK) | UK Charity Commission No: 1112303



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